MEMBER CONSUM

At Steding & Sons, we advocate for the right of consumers to choose the products they incorporate into their lifestyle. We seek to share our knowledge and perspective in an ethical and transparent manner. We understand that knatom is not the right choice for everybody and encourage all potential consumers to: Research. Reflect. Decide.

## WHAT IS KRATOM?

KRATOM (MITRACYNA SPECIOSA) IS A COUSIN OF THE COFFEE PLANT. INDICENOUS TO SOUTHEAST ASIA. THE VAST MAJORITY OF KRATOM. IN THE USA. COMES FROM INDONESIA. TRADITIONALLY. FRESH KRATOM LEAVES HAVE BEEN CHEWED OR BREWED AS TEA. MORE RECENTLY. THEY HAVE BEEN DRIED. THEN CRUSHED INTO POWDER AND OFTEN ENCAPSULATED. PRODUCTS CONTAINING KRATOM ALKALOIDS ARE BECOMING INCREASINGLY POPULAR AS WELL. THESE PRODUCTS MAY VARY SIGNIFICANTLY FROM THE NATURAL PLANT.

WHO USES KRATOM AND WHY? A GROWING NUMBER OF PEOPLE. RECENTLY ESTIMATED AT 15 MILLION AMERICANS. CONSUME KRATOM REGULARLY. MANY FITNESS ENTHUSIASTS AND WELLNESS PROFESSIONALS BELIEVE KRATOM TO OFFER A WIDE ARRAY OF BENEFITS. FROM INCREASED ENERGY AND FOCUS. TO RELAXATION AND RELIEF FROM DISCOMFORT. SOME HAVE CLAIMED THAT KRATOM HAS BEEN BENEFICIAL AS THEY STRIVE TO DISTANCE THEMSELVES FROM CONSUMPTION OF HARMFUL SUBSTANCES. PLEASE NOTE: KRATOM IS NOT CURRENTLY FDA APPROVED.

APPROXIMATELY 50MC OF MITRACYNINE IS CENERALLY ACREED TO BE A STANDARD SERVING OF KRATOM: THIS IS THE EQUIVALENT OF 3-4 CRAMS OF NATURAL KRATOM. MANY EXTRACT PRODUCTS CONTAIN SIGNIFICANTLY HIGHER LEVELS OF MITRAGYNINE AND OTHER ALKALOIDS. AND LEVELS MAY VARY SIGNIFICANTLY BETWEEN PRODUCTS. PLEASE READ THE LABEL. ALKALOID CONTENT IS LISTED ON THE PACKAGE OF ALL AKA CMP QUALIFIED PRODUCTS.

**70H IS NOT KRATOM** 

70H DOES NOT OCCUR IN THE NATURAL PLANT. AT LEAST IN TRACEABLE LEVELS.
ACCORDING TO KRATOM RESEARCHERS.
HE MOST PREVALENT ALKALOID IN THE

70H IS A METABOLITE OF MITRACYNINE. THE MOST PREVALENT ALKALOID IN THE KRATOM PLANT. DURING THE DRYING PROCESS A SMALL PORTION OF THE MITRACYNINE IS BELIEVED TO CONVERT TO 70H. WHEN CONSUMING KRATOM. A PORTION OF THE MITRACYNINE MAY BE CONVERTED TO 70H IN THE BODY. AT STEDING & SONS. WE BELIEVE THAT THE BODY HAS NATURAL DEFENSE MECHANISMS. HOWEVER DIRECTLY CONSUMING 70H MAY MEAN OVER-RIDING THOSE DEFENSE MECHANISMS WHICH MAY POTENTIALLY LEAD TO A SIGNIFICANTLY HICHER RISK OF ADVERSE EVENTS.

IS KRATOM SAFE? NATURAL KRATOM HAS BEEN SAFELY USED IN SOUTHEAST ASIA FOR HUNDREDS OF YEARS AND MILLIONS OF AMERICANS ARE BELIEVED IN SOUTHEAST ASIA FOR HUNDREDS OF YEARS AND MILLIONS OF AMERICANS ARE BELIEVED TO BE USING KRATOM SAFELY TODAY. ALMOST ALL LONG TERM ANECDOTAL EVIDENCE IS BASED ON THE NATURAL KRATOM PLANT. EXTRACT PRODUCTS MAY BE SIGNIFICANTLY MORE POTENT THAN THE NATURAL PLANT. ACAIN. 70H DOES NOT OCCUR. IN TRACEABLE LEVELS. IN THE NATURAL PLANT. WE ENCOURAGE MINDFULNESS AND MODERATION IF YOU CHOOSE TO CONSUME KRATOM NO MATTER WHAT BRAND YOU CHOOSE. PLEASE ENSURE THEY ARE AN AKA GMP QUALIFIED VENDOR: THESE VENDORS HAVE THEIR FACILITY AND PRACTICES AUDITED ANNUALLY BY AN ACCREDITED 3RD PARTY. ALL KRATOM PRODUCTS MAY BE HABIT FORMING. MODERATION IS ENCOURAGED.

IS KRATOM RIGHT FOR UNLY THAT IS YOUR CHOICE! THERE ARE A FEW GROUPS OF

PEOPLE WE DO NOT RECOMMEND KRATOM TO. FIRST AND FOREMOST. CHILDREN. OBVIOUSLY! YOU MUST BE A LECAL ADULT (21 OR 18 DEPENDING ON THE STATE) TO PURCHASE KRATOM. PRECNANT/NURSING WOMEN ARE ADVISED AGAINST KRATOM USE. LASTLY. IF YOU HAVE STRUCGLED WITH SUBSTANCES IN THE PAST. AND ARE NOW LIVING COMPLETELY "CLEAN. WE STRONGLY RECOMMEND YOU DEEPLY RESEARCH KRATOM BEFORE MAKING A DECISION. WE ENCOURAGE ALL POTENTIAL CONSUMERS TO: RESEARCH. REFLECT. DECIDE.

WE ARE NOT DOCTORS. WE ARE NOT YOUR DOCTOR. WE ARE JUST A CROUP OF PEOPLE THAT LOVE KRATOM AND SEEK TO ETHICALLY SHARE SOMETHING WE BELIEVE IN. NOTHING ON THIS POSTER ANY PACKAGE OR MARKETING MATERIAL IS INTENDED AS ADVICE; MEDICAL, LEGAL OR OTHERWISE. IF YOU HAVE A MEDICAL CONDITION PLEASE CONTACT A LICENSED PHYSICIAN. THE FDA HAS NOT APPROVED THESE STATEMENTS. PRODUCTS ARE NOT INTENDED TO DIAGNOSE. TREAT. PREVENT OR CURE ANY DISEASE. PRECNANT AND NURSING WOMEN ARE ADVISED AGAINST USE.



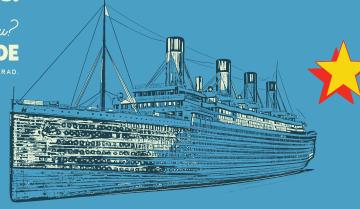
Are Kratom Products Right For You?

RESEARCH - REFLECT - DECIDE

ALL KRATOM PRODUCTS MAY BE HABIT FORMING MODERATION IS RAD



Steding & Sons



Don't Let 7oh Sink Your Ship!

Choose Real Kratom